

Apple Cranberry Salad

Salad

- 2 cups of Butterhead lettuce
- 2 sliced Apples
- 1 cup of dried Cranberries
- 1 ½ cup of Blue cheese (any cheese of your preference)
- 1 cup of Walnuts

Dressing

- 1/3 cup Apple cider vinegar
- 1 cup of Extra Virgin Olive oil
- 2 tbsp. of plain Yogurt (optional)
- A pinch of Salt
- 2 tbsp. of Sugar

Directions

Whisk all the dressing ingredients together and chill in the refrigerator for a few hours. Assemble the salad and pour the dressing over just before serving.